

This activity pack has been designed to continue to help you to develop a variety of skills and interests. Our hope is that you will feel inspired to continue to learn from all the activities you participate in as part of Children's University.

OWL-BERT WELCOMES YOU TO THE EASTER 2023 EDITION OF THE ATLP CU NEWSLETTER!

A few more blue skies, a bit more sunshine, lots of birds...SPRING IS HERE...as are some ideas to help you make the most of this season! Complete the range of activities over the Easter holidays, to gain up to 8 extra Children's University hours. The activities can be completed in any order, and at least one of them may require adult supervision. Record evidence of your learning with each task - this could be a photo or reflection report on the activity/activities you completed, and don't forget to log your hours on your 'Passport to Learning'!



Owl-Bert is incredibly impressed by all the hours that have been collected so far - so keep going!

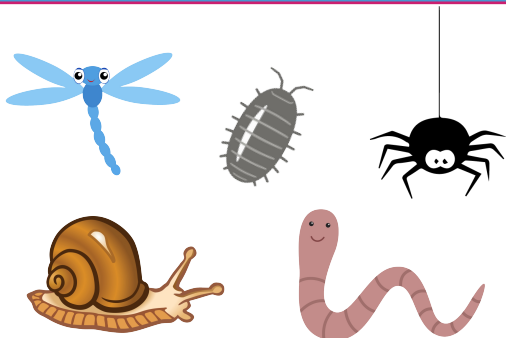
You can see all the levels of achievement available on Page 9 - once you hit bronze you're on the way to your first certificate, silver graduations will be happening in June at your local ATLP secondary school, and why not go for gold to attend a graduation at the University of Birmingham! Remember, if you're taking part in any other activities over the half term, why not write a reflection sheet (Page 8) on what you have done and learned to gain extra CU hours?



CREATIVITY

DECORATE YOUR OWN EASTER EGGS (2 HOURS)

Follow the simple instructions provided on **Page 3** to decorate your own Easter Eggs. Display your final creations nicely and take a photo to show your CU lead - then why not use them for an Easter Egg hunt with your family and/or friends?



GO ON A MINI BEAST TRAIL (1 HOUR)

Explore gardens, parks and open spaces, and keep your eyes peeled for the minibeasts on **Page 4**. How many did you see? Are there any others you saw that you could draw and label in the blank boxes at the bottom of the page? Share your completed tick list with your CU lead.



OUTDOOR LEARNING,
FAMILY LEARNING



NATURE & ENVIRONMENT

CREATE AN 'EARTH DAY' POSTER (1.5 HOURS)

In support of Earth Day on Saturday 22nd April, create a poster of facts to raise awareness about the various environmental challenges facing our planet, and to celebrate those who have done much to improve the earth. You can find a few facts to get you started on **Page 5**. Take your poster for your CU lead to read!





DO A FACT FILE ON A PLACE OF INTEREST (1.5 HOURS)

Visit a castle, museum, or any place of interest. It can be local, or further afield - depending on your movements over the Easter holidays! Complete a fact file on what you have found out about that place. If you can't get out to actually visit a place of interest, why not research and complete a fact file on one instead? Use the template on **Page 6** and show it to your CU lead.



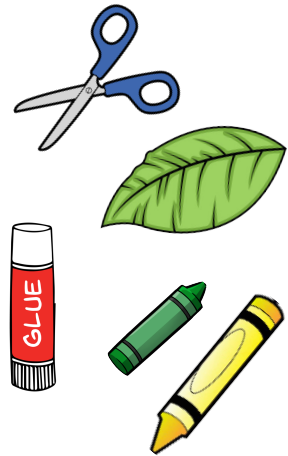
OUTDOOR LEARNING



CREATIVITY

MAKE A 'TREE-ATIVE' LEAF-RUBBING COLLAGE (1 HOUR)

1. Collect leaves of different shapes, sizes, and with interesting patterns.
2. Place a piece of paper over your leaf. Hold it securely in place with one hand, and use the side of a crayon or pastel in the other to rub over the top of the leaf. The leaf's texture will appear on the paper.
3. Repeat this with different leaves, using different crayons or pastels.
4. Cut out your leaf rubbings - **ask an adult to help with this part!**
5. Arrange your leaf rubbings on a fresh piece of paper. You can also add other elements to your collage, such as dried flowers or patterned paper.
6. Once you are happy with your composition, glue your rubbings to the paper, then show your amazing creation to your CU lead!



GROW A SUNFLOWER SEED (1 HOUR)

Follow the steps on **Page 7** to plant a sunflower seed in your garden - and enjoy watching it grow over the next few months.

Take a photo of your sunflower at different stages: when it first appears through the soil as a seedling, when it buds, and finally when it blooms. Can your sunflower grow taller than you? Show your CU lead its progress!



PRACTICAL LIFE SKILLS,
FAMILY LEARNING,
OUTDOOR LEARNING.

We very much hope you enjoy completing the Easter holidays activity pack. If you would like any further clarification or information on any of the activities included in the pack or have any other questions, please email us at CU@ATLP.org.uk, and we will be happy to help.

We look forward to receiving your completed activity pack soon.

GOOD LUCK!



DECORATE YOUR OWN EASTER EGG

Below is a simple Easter Egg decoration tutorial using basic materials, broken down into steps.

Please be careful when boiling your eggs, and for the littlest learners, ask your parent/guardian to help you with this so you can focus on getting creative! Have fun!

YOU WILL NEED...

- * EGGS (TO BE HARD-BOILED)
- * WHITE VINEGAR
- * WATER
- * FOOD COLOURING
- * SMALL CUPS OR BOWLS
- * PAPER TOWELS
- * STICKERS/Painter's TAPE (OPTIONAL)
- * PERMANENT MARKER (OPTIONAL)
- * AN ADULT'S SUPERVISION

STEP 1

Start by boiling and cooling your eggs. Make sure they are completely dry before moving on to the next step.

STEP 2

In a small cup or bowl, mix $\frac{1}{2}$ cup of white vinegar and $\frac{1}{2}$ cup of water. Add a few drops of food colouring to create your desired colour. Repeat this with different colours in their own cups/bowls as desired.



STEP 3

One by one, gently lower your eggs into the cups/bowls of colour. Let them soak for 5-10 minutes, or until you have achieved your desired colour intensity. If you want a two-toned look, use stickers or painter's tape to cover half of each egg before you immerse them.

STEP 4

Remove the egg from the cup/bowl and pat it dry with paper towels.



STEP 5

If you want to add designs to your eggs, use a permanent marker to draw or write on them.



STEP 6

Display your decorated eggs in a bowl or basket, or hide them for an Easter Egg hunt!



GO ON A MINI BEAST TRAIL

Tick the mini beasts that you see whilst you are outside on your trail! Add any other interesting things you saw in the blank boxes at the bottom.



ANT



BUTTERFLY



LADYBIRD



GRASSHOPPER



WASP



BUMBLEBEE



HOVERFLY



FLY



BEETLE



SHIELD BUG



LACE WING




CRANE FLY




CREATE AN 'EARTH DAY' POSTER

Make your design as eye-catching as you can to really make people take notice.


Using facts on your poster will help raise awareness about crucial environmental issues and hopefully inspire people to take action in protecting our planet. To get you started, Owl-Bert has done his research and has provided you with 5 facts you could include on your poster. Can you do some research and find any others? Are there any facts about people that have done something good for our planet that you could also include?




The world's forests are disappearing at a rate of 48 football pitches every minute!




In the last 50 years, the Earth's population has doubled, and we now use 50% more resources than the planet can sustainably produce!



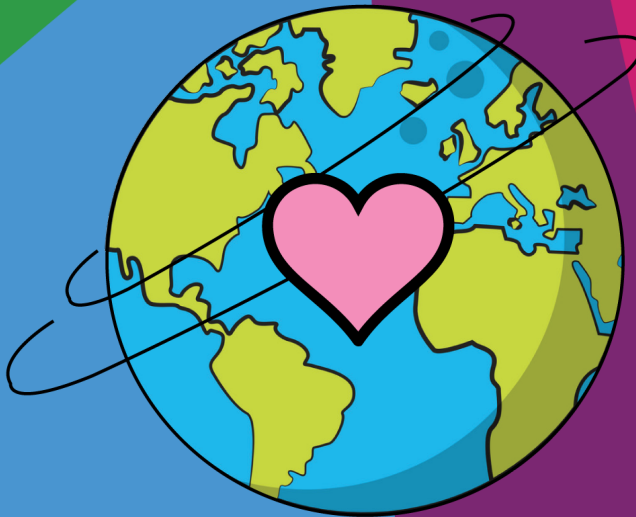
Over 2 million people die each year due to air pollution caused by burning fossil fuels!



By 2050, there could be more plastic than fish in the world's oceans!



Recycling 1 ton of paper saves: 17 mature trees, 7000 gallons of water and 3 cubic yards of landfill space!



MAKE A FACT FILE ON A PLACE OF INTEREST

NAME OF THE PLACE OF INTEREST:

WHERE IS THE PLACE OF INTEREST LOCATED?

WHY DID YOU CHOOSE THIS PLACE OF INTEREST AS SOMEWHERE YOU WOULD LIKE TO VISIT?

GIVE 5 INTERESTING FACTS ABOUT THIS PLACE OF INTEREST.

You could include facts about: its history, its size/geography, what it's known for, how many visitors come each year, why it was made, and any other interesting information you discover.

1.

2.

3.

4.

5.

CAN YOU DRAW A SMALL SKETCH OF YOUR PLACE OF INTEREST, OR SOMETHING WITHIN IT?

GROW A SUNFLOWER SEED - INSTRUCTIONS

Below are a simple set of steps on how to grow a sunflower seed - that students of any age can take part in. Good luck with your project!



Pick a spot in your garden that gets a lot of sun - ideally your sunflower wants to get at least 6 hours of sunlight per day.



Loosen the soil to a depth of around 12 inches, and mix in some compost or fertiliser.



Within your loosened patch of soil, dig a hole around 1 inch deep. Place a sunflower seed in it and cover it with soil - repeat this process if you have more seeds.



Water the sunflower seed(s) regularly. Try to keep the soil moist, but not wet.



Once the sunflower seedling(s) emerge from the soil, thin the plants to a spacing of around 12 inches.



Continue watering and fertilising your sunflower(s) as needed. They take between 80-120 days to bloom (from the time you plant the seed(s)).



Enjoy watching your sunflower(s) grow taller and taller, and ultimately, producing their beautiful and cheerful blooms!



CHILDREN'S UNIVERSITY ACTIVITY REFLECTION SHEET



If you've taken part in an activity that hasn't previously been validated by Children's University, you can complete this reflection sheet and tell us all about what you did. You can then send this to CU@ATLP.org.uk and we will send you a stamp code for your passport.

NAME:

PARENT/GUARDIAN EMAIL:

SCHOOL:

LOCAL CHILDREN'S UNIVERSITY:

WHAT ACTIVITY DID YOU DO?

Describe what you did and where you did it. If it was online, please try and tell us the URL (web address).

WHAT DID YOU LEARN?

Tell us what you learned from doing this activity. What do you know now that you didn't before you did this?

WHAT DID YOU LIKE OR DISLIKE ABOUT IT?

What were the best parts of this activity and what did you not enjoy as much?

WOULD YOU RECOMMEND THIS ACTIVITY TO A FRIEND?

Tell us why.



By submitting this reflection sheet to Children's University Trust, you are giving permission to Children's University and local partners to contact you with a Children's University stamp code. If you have an account set up on Children's University Online, you'll be sent a stamp code that can be submitted online. If you don't have an online account, this code can be entered into your Passport to Learning as evidence of your participation in this activity.

CHILDREN'S UNIVERSITY LEVELS OF ACHIEVEMENT

There are a whopping **30 levels** of award available to achieve through Children's University. The image below shows the number of hours you need to collect to achieve bronze, silver and gold awards across each level of achievement. As you gain the relevant number of hours, you will receive a certificate and a pin badge in school assembly or at a graduation ceremony, depending on the bronze, silver or gold status of the level achieved.

