



Component 2 –  
Learning Aim B

# Care values

- 1 – empowering and promoting independence
- 2 - respect for the individual (respecting needs, beliefs and identify)
- 3 – maintaining confidentiality
- 4 – preserving the dignity of individuals
- 5 – effective communication that shows empathy and warmth
- 6 – promoting anti-discriminatory practice



## 1. Research!

- Use the textbook and the internet to do a little research on the care values and write a paragraph on all six.

## 2. Script for role play

- Now write a script based on the scenario below:
- You are a volunteer in a residence for older people. One of the residents (Mary) has difficulty in dressing and has asked you to help them put on their jacket.
- The resident has a condition (severe arthritis) which affects her joints and this means that she needs help with everyday tasks, because of the pain in her wrists and elbows.
- You must incorporate all SIX care values in your script. You will then act out the role play and demonstrate all 6 care values during your acting.
- In your script write down which care value you are addressing e.g. “Hello Mary, can I call you by your first name?” (respect)

## Example of script layout:

- Me: good morning Mary! May I come in?
- Mary: Hello, yes please do
- Me: One of the nurses said you need some help to get dressed?
- Mary: Oh yes please, my joints are so very painful and I cant get ready by myself to go to the day trip
- Me:.....
- Mary:.....

### 3. After the role play – time for reflection

- Once you have acted out your role play you will then write about what you thought were the positive aspects and the negative aspects for each care value e.g. “I think I really showed good communication when I asked Mary if I can call her by her first name..... But a negative aspect was that I should have maintained more eye contact with her because...”
- You then put in my feedback for each care value
- You lastly say how you would improve next time based on my feedback
- See next page for structure

# structure

- Description of care value 1
- Positive aspects from my role play
- Negative aspects from my role play
- My teachers feedback
- How I would improve next time based on my teachers feedback
- MAKE SURE YOU FILL ONE WHOLE PAGE – use above headings.
  
- Do the same for CV2, same for CV3, same for CV4, same for CV5, same for CV6
- When submitting you will give me: ONE page per CV, a role play script and my feedback