Name: Form:

Teacher:

Home Learning Book



The Coleshill School Science Year 7 Log Book

The logbook is designed to help you to keep a record of the science work you do each topic.

It will help you revise before each test and it helps your teacher to see what you have or have not understood.

It is important that you complete it for EVERY topic and you MUST ask a question at the end.

There is a section for you to record how well you do on your science investigations throughout the year. This will be filled with your teacher.

It has a useful section that shows you some common laboratory equipment and an additional section that explains how to revise for tests and exams. They are only useful if you read them!

Your teacher will take in the booklet every half term and give you a mark. There will be an award for the best log book every half term.

Homework:

My k	nomework nights areand	d t
My t	eacher wants me to hand my work in on	
and	in	
		• • • • • • • • • • • • • • • • • • • •

Introduction

This is your scientist's logbook for Year 7. You are expected to complete all the sections each week to the best of your ability. It is important to keep it up to date because you will be able to use it to revise from and you can ask the teacher about things you would like to know more about or things that you aren't sure about.

Science Check List

There are five things that you must bring to every science lesson.

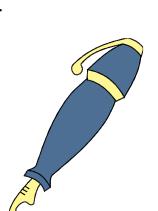
Use the picture clues to help you fill in the missing words.

- 1. I must bring ato write with.
- 2. I must bring myto write in.
- 3. I must bring ato underline titles.
- 4. I must bring a.....to draw diagrams with.
- 5. I must bring myto think with.

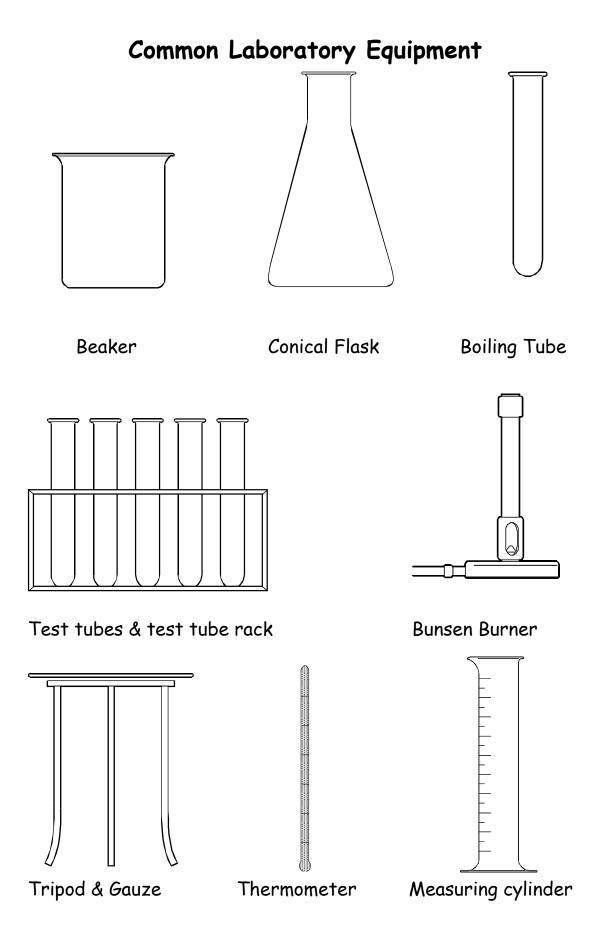
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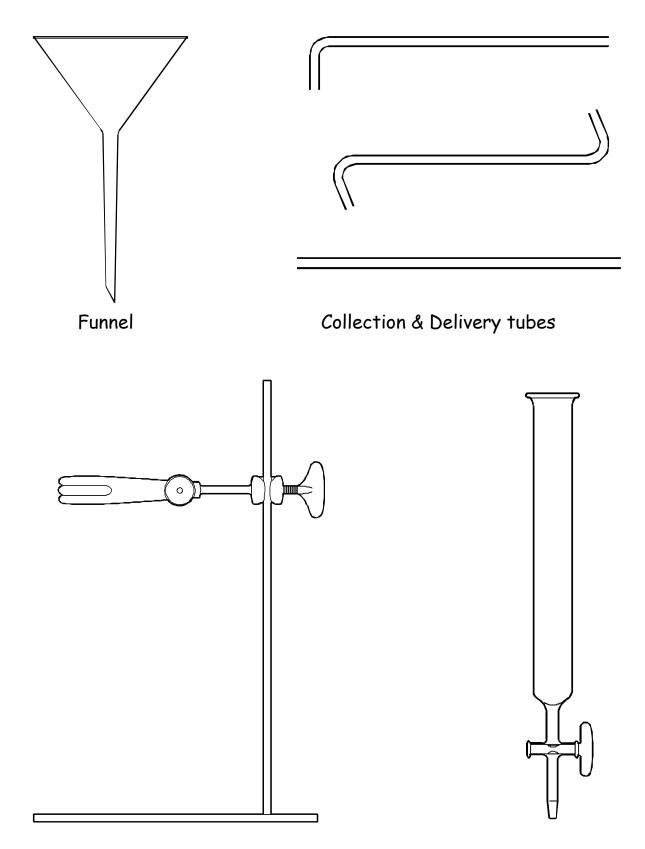






The next section shows you the common pieces of laboratory equipment we expect you to be familiar with before the end of the year - take a look now and see how many you can name already.





Retort Stand & Clamp

Burette

Science Year 7 Knowledge Organiser – P1 Physics – Forces Output Description:

at a constant speed in a straight line. Force can be used to calculate the pressure that particles exert on a surface. This will help pupils to understand that forces that acting on object determines the motion of the object. Complete calculations for the speed objects travel and interpret graphs to explain the motion of objects Overview of topic: This unit explores the concept of forces which are pushed and pulls. Forces are split into contact and non-contact forces which can be balanced or unbalanced Using the idea that arrows denote the size and the direction in which the forces are acting. When the resultant force on an object is 0 N, the object is in equilibrium and will move

A resultant force is the combined effect of opposite

object is moving than the will travel at constant speed. object is stationary then it will remain stationary. If the Here the resultant force is 0 N, so therefore if the





opposite forces: A resultant force is the combined effect of

the object is moving 50 N to the right. Here the resultant force is 50 N, so therefore if



Measured using a Newtonmeter The units of force are Newtons (N)

Named after Isaac Newton who proposed 3 laws of motion

Thick	
er or l	
onger	

arrows show larger

diagrams. forces on force

orces or no force	Stays still	Moves at a constant speed
ed forces	Moves in the direction of the resultant force Accelerates or decelerates	Accelerates or decelerates

Stationary object

Moving objects

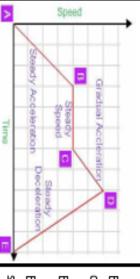
Balanced fo

Unbalance

The equation to calculate speed is: Speed = distance/time (S=D/T)

Speed distance graphs are used to interpret a journey. The graph describes/explains the

Journey of an object.



Between A-B The object is accelerating

constant speed Between B-C The object is travelling at

Between C-D the acceleration is gradual

steady speed Between D-E The object is decelerating at a

Force: Forces are pushes or pulls that act

Keywords/ Glossary

moving through the air or water that Drag: The force acting on an object on objects causes it to slow down.

on an object are equal Balanced forces: When opposing forces because of contact between surfaces. Friction: The force that resists movement

on an object are unequal Unbalanced force: When opposing forces

a number/arrow Resultant forces: The overall result of the forces on an object – It is represented as

Acceleration: Object's speed is increasing Equilibrium: When forces are balanced Newtons (N): The unit for forces

Deceleration: Object is slowing down

Wider reading

and Virgin Galactic and the recent discovery of a multispace race by Space X, Blue Horizon exoplanet system. The 21st century Newton's discovery of forces. NASA

Science Year 7 Knowledge Organiser – P1 Physics – Forces

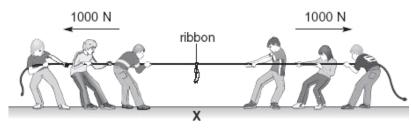
	*	
KNOW IT	GRASP IT	THINK IT
1. What is the difference between a contact and	 What happens to an object if the forces are 	 Explain why top speed and average speed is
non- contact force?	unbalanced?	different over a journey?
2. Give some examples of contact and non-	Describe the difference between the three	Draw a diagram showing the forces acting on
contact forces and describe their effects on	main variables?	an aeroplane, Explain the effect of these forces?
objects?		
3. Describe what a newton meter is used for?	Explain what a resultant force is?	3. Explain what a horizontal line, straight upward-
		sloping line means?
4. Name the forces?	4. Describe the difference between weight and	4. Explain why a car speeds up when the driver
	mass and identify the units for each?	pushes the accelerator pedal.
5. Describe the effect of friction on objects?	5. What would the resultant force be on an object	Explain in terms of forces why a car is
	if is not moving?	accelerating?
6. Describe the difference between balanced and	6. What is the equation for speed?	6. Explain the forces that act on a parachutist as
unbalanced forces?		he jumps out of an aeroplane?
7. Describe how forces affect the effect of	Calculate the distance travelled by an object if	7. How many newton's are in 2.3KN, 345KN??
objects?	the speed is 600m/s and the time taken is 10 seconds?	
8. What is the resultant force is the force to the	8. Draw force diagram to show that the force is	8. Draw force diagrams and calculate the size and
left is 400N and the force to the right is 700 N?	balanced.	direction of the resultant force for the following situation?
		A boat has a force of 500N from the wind pushing
		it forward and the water resistance is 200N.
9. Describe what happens to an object is the force is unbalanced?	Draw a graph to describe your journey to school?	9. Compare gravity with other forces?
10. Describe what happens to an object if the	10. Explain how gravity affects the weight of the	10 Explain the relationship between gravitational
and moving?		0
Total score	Total score	Total score

Forces REVISION Spider Diagrams

Q1 The drawings in parts (a), (b) and (c) show two teams of pupils in a tug-of-war.

There is a ribbon tied to the middle of the rope.

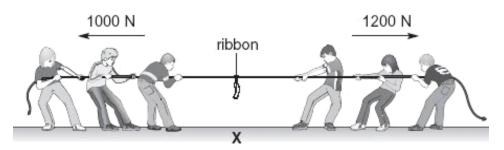
(a) The sizes and directions of the forces of each team are shown.



team A team B

The ribbon stays above point X on the ground. Give the reason for this.

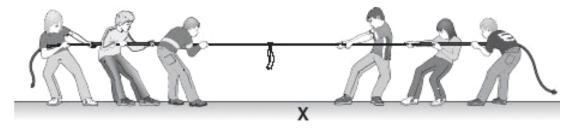
(b) The teams then pull with the forces shown below.



team A team B

Draw an arrow on the rope to show the direction in which the ribbon will move.

(c) Later, the ribbon was to the left of point X as shown below.



team A team B

Why did the ribbon move towards the left?

......1 mar

Q2. The diagram shows direction of flight	four forces acting on a plane in flight.
direction of the	
D	
	ļ
(a) Which arrow represents mark	air resistance? Give the letter
(b) (i) When the plane is must be balanced? Give the letters	flying at a constant height, which two forces
	at a constant speed in the direction shown, which
two forces must be balanced?	Give the letters 1 mark
(c) (i) Just before take-of	f, the plane is speeding up along the ground.
Which staten	nent is true? Tick the correct box. 1 mark
Force B is zero.	Force D is equal to force B.
Force B is greater than force D.	Force D is greater than force B
(ii) Which statement ground? Tick the correct	
	1 mark
Force C is zero.	Force A is equal to force C
Force C is greater than force A.	Force A is greater than force C.
	maximum 5 marks

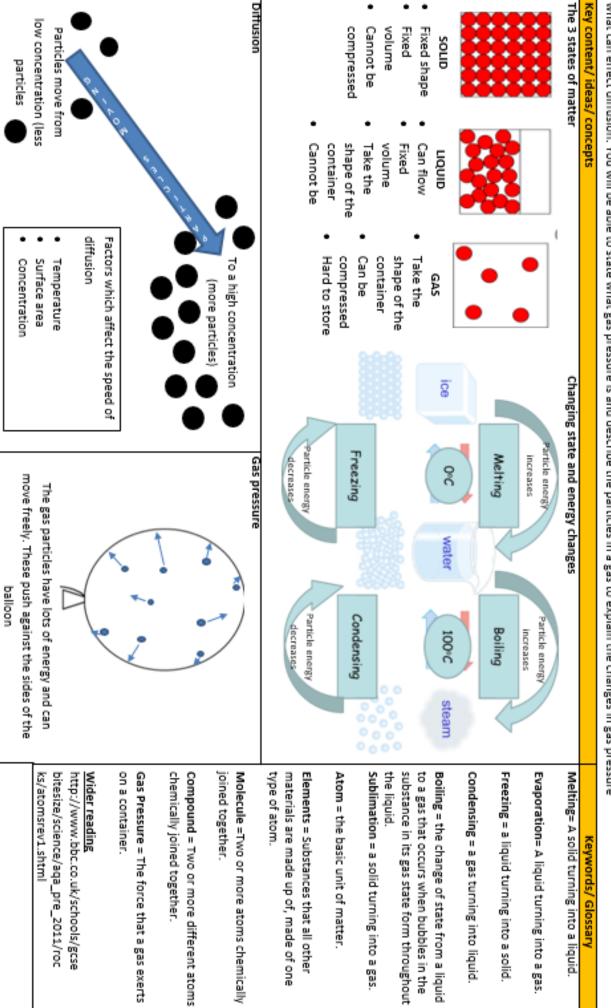


FORCES

What we did in science this topic:	
Keywords I found difficult:	
Reywords I found difficult.	
What new ideas I have found out / What new ideas I have learnt:	
Question(s) I would still like to ask:	
	nell
	\hat{I}

Science Year 7 Knowledge Organiser: C1 Particles

Overview of topic: You will know the properties of solids, liquids and gases, describe and explain them changing state. You will also describe diffusion in terms of particles and explain what can effect diffusion. You will be able to state what gas pressure is and describe the particles in a gas to explain the changes in gas pressure



Science Year 7 Knowledge Organiser: C1 Particles

KNOW IT	GRASP IT	THINK IT
1. What is an atom?	1.Describe the arrangement of particles in a solid	1.Explain whether you think slime Is a solid or a liquid
2. What is an element?	2. Describe the arrangement of particles in	2.Explain how increasing the number of
	a liquid	particles in a container increases the
		pressure
 Identify the difference between a 	Describe the arrangement of particles in	3.Explain why higher temperature
molecule and a compound.	a gas	increases the rate of diffusion
 Draw a model of a solid 	4. Describe the movement of particles in a	4.What is the difference between
	solid	evaporation and boiling
5.Draw a model of a liquid	5. Describe the movement of particles in a	5.Reasearch three examples of substances
	liquid	that sublime
6.Draw a model of a gas	6. Describe the movement of particles in a	6. Explain why particles in gaseous state
	gas	diffuse quicker than those in a liquid state
7. Identify the name of the process when a	7.Explain how gases exert pressure	7. Explain why placing an empty bottle
solid turns to a liquid		with the lid on in a freezer make it
		collapse?
8. Identify the name of the process when a	Describe how particles move via	8. Explain how pressure increases with an
gas turns to a liquid	diffusion	increase in temperature
9. Identify the name of the process when a	Explain how particles change state from	9. Explain why a balloon increases in size
liquid turns to a gas	solid to liquid with reference to energy	when you blow more air into it.
10. Identify the name of the process when	 Explain how particles change state 	10. Explain why race car technicians put a
a solid turns to a gas	from gas to liquid with reference to energy	lower air pressure into their tyres before a
		race
Total score	Total score	Total score

Particles REVISION Spider Diagrams



Q1. Solids, liquids and gases have different properties and different uses. Some of these are described in the table.

Tick either **one** or **two** boxes in each row to show whether a solid, liquid or gas matches the description in that row.

property or use	solid	liquid	gas
it is used to build rigid or stiff structures			
it flows easily through a pipe or tube			
it can be squeezed into a much smaller volume			

4 marks

- **Q2.** This question is about four chemical elements.
 - (a) The melting points and boiling points of the four elements are shown in the table. Complete the table to give the physical state, **solid**, **liquid** or **gas**, of each element at room temperature, 21°C.

element	melting point in °C	boiling point in °C	physical state at room temperature, 21°C
bromine	-7	59	
chlorine	-101	-34	
fluorine	-220	-188	
iodine	114	184	

- (b) Is bromine a **solid**, a **liquid** or a **gas** when the arrangement of particles is:
 - (i) far apart and random?

......1 mark

(ii) close together but random?

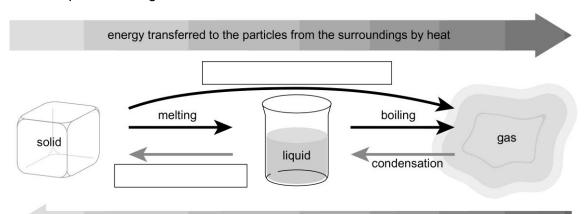
.....1 mark

(iii) close together in a regular pattern?

.....1 mark

Q3. Complete the diagram

2 marks



energy transferred from the particles to the surroundings by heat

Q4. Amy sprayed some air freshener in one corner of the room. Jack was sat in the opposite corner of the room.

Use the words below to fill in the gaps to explain how Jack could smell the air freshener from across the room. You may use the words more than once.

	diffusion	low	particles	high	
In th	e corner where Am	ny was standing	there was a	concentration	of air
fresh	nener particles. In t	he corner where	e Jack was sitting the	e was a	
conc	entration of air fres	shener	The air freshe	ener moved from an	area
of _	conce	ntration to	concentration	on in a process calle	ed



Scientists Log Book PARTICLES

What we did in science this week	
Keywords I found difficult:	
What new ideas I have found out / What new ideas I ha	ve
learnt:	
Question(s) I would like to ask	
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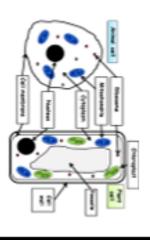
Science Year 7 Knowledge Organiser: B1 Cells and Organisation

Overview of topic:

cell. You will also learn about how substances get into and out of these cells and the functions of their different parts (organelies). Cells are the building blocks of all living organisms. This unit explores plant cells, animal cells and even unicellular organisms which are organisms made of only one

Key content/ ideas/ concepts

Plant and animal cell structure:



impulses

Using a microscope

using a microscope Cells are very small and can only be seen

magnified image of an object A light microscope uses a lens to produce a

magnification magnification x objective lens Total magnification = eyepiece lens

To make a slide

focusing knobs to view the sample. Put the slide onto the stage and use the iodine) and place a cover slip on top. it onto a glass slide. Add some stain (e.g. Take a sample (e.g. onion cells) and place

Specialised cells

stem cells. When they grow, stem cells Nerve cells - are long to carry electrical change their structure to carry out a certain All young cells start of exactly the same—as job this is called cell specialisation

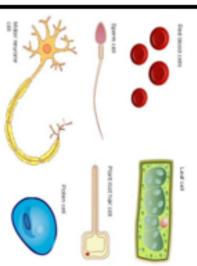
Muscle cells – can contract to create

movement

diffusion and thin cell walls. Egg cells - contain female genetic material. contains male genetic material. (DNA) Sperm cells - have tails to swim and the head Root hair cells - have a large surface area for

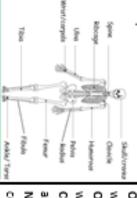
photosynthesis Palisade cells - have lots of chloroplasts for Epithelial cells - have cilia to waft substances

oxygen and no nucleus Red blood cell - has haemoglobin to carry



The skeletal system

and protection. system are movement, support The functions of the skeletal



bones join together Joints occur when 2 or more

backwards and forwards. Hinge joint - for movement

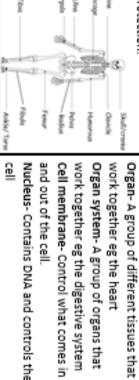
movement in all directions Ball and socket joints – for

Fixed joints – Do not move at all

Cell- The building blocks of living

Keywords/ Glossary

Tissue- Groups of similar cells working together eg muscles and bones organisms



place and energy is released Mitochondria- Where respiration takes reactions take place. Cytoplasm- Jelly like substance where

Vacuole- Plant cell only Contains cell sap and helps keep the cell Cell wall- Plant cell only. Made of Ribosomes- Where proteins are made cellulose to support the cel

from an area of high concentration, to Diffusion- The movement of particles light and where photosynthesis occurs Chloroplasts- Plant cell only. Absorbs low concentration.

of only one cell eg bacteria Unicellular organisms - Organisms made

Wider reading:

http://www.bbc.co.uk/bitesize/ks3/science/organisms_behaviour_health/cel

Diffusion is the movement of particles from a high concentration to a low one You can increase the rate of diffusion by increasing temperature, concentration and

Science Year 7 Knowledge Organiser: B1 Cells and Organisation

Know it	Grasp it	Think it
1.Write a definition of a cell.	 Explain how a root hair cell is adapted for its function. 	1. Write a definition of a stem cell.
2. Draw a labelled diagram of an animal cell.	Explain how a sperm cell is adapted for its function.	2. Explain how a cell becomes specialised.
3. Which part of a cell controls what enters and leaves the cell?	Explain how a palisade cell is adapted for its function.	3. Explain why plant cells contain organelles that animal cells do not.
Describe the function of the nucleus.	4. Describe what diffusion is.	 Write a comparison of plant cells, animal cells and bacteria cells.
5. Describe the function of the cytoplasm.	Explain the factors that affect the rate of diffusion.	5. Compare the light microscope and the electron microscope.
6. Describe the function of chloroplasts.	Describe two examples of diffusion in plants and animals.	6. Compare the processes of diffusion and active transport.
7. Describe the function of the cell wall.	7. Describe how you would view plant cells under the light microscope.	7. Explain why root hair cells do not contain chloroplasts.
8. What organelles are only found in plant cells?	 Explain why iodine is added to your plant cell sample when viewing plant cells under the microscope. 	8. Describe the function of ribosomes.
Write a definition of a specialised cell.	Write the equations for calculating magnification.	 Explain two examples of cells which have high numbers of mitochondria.
10. Draw a labelled diagram of a root hair cell.	 Describe what the independent, dependent and control variables are in an experiment. 	10. Describe the stages of mitosis (cell division).
Total score	Total score	Total score

Cells and Organisation REVISION Spider Diagrams

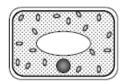
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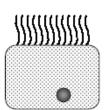


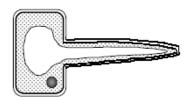
Q1. Draw lines to match the organelles with their functions:

Nucle	leus cell						
Cytor	Supportive structure on the outside of a plant cell Where most of the chemical reactions						
Mito	chondric	1			•	chemical r	eactions
				take pla			
Cell n	nembrar	ne		Where p	protein synt	hesis occu	rs
Cell v	vall			Photosy	nthesis happ	oens here	
Vacue	ole			Controls	the cell		
Ribos	somes			Respirat	ion takes pl	ace here	
Chlor	oplasts				the movem	ent of sub	stances i
Q2. words	S.	ne correct part ve lens focusi	stage ing wheel	eyepied		light	om tne
(a)	The pa	rt you turn to p	oroduce a cle	ear image			[1]
(b)	The pa	rt you look thro	ough				[1]
(c)	The flat surface where you put the slide						
Q3. C	Q3. Complete the sentences below.						
<u>E</u> :	xercise	- Complete the s	sentences belo	ow.			
2)	Q3. Complete the sentences below. Exercise - Complete the sentences below. 1) A muscle is made up of many thin strands called						
5) 6)) If we v	vish to lift a	weight our	·	. contracts.		cts.

Q4. Join up the cells below to their correct descriptions









Ciliated cell

This cell is found lining the windpipe. Its surface is covered with tiny hairs called cilia. These waft dirt and germs up to the throat.

Palisade cell

This cell is found on the top side of a leaf. It contains tiny green discs called chloroplasts. These absorb sunlight in order to make food.

Sperm cell

It uses its tail to swim to the ovum. The head contains the nucleus which enters the ovum during fertilisation.

Root Hair cell

This is found on the surface of a root. Its job is to absorb water from the soil. It is long and thin with a big surface area to absorb water.

CELLS AND ORGANISATION

J.,,,	
What we did in science this topic:	
Keywords I found difficult:	_
What new ideas I have found out / What new ideas I have	
learnt:	
Question(s) I would still like to ask:	
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Knowledge Organiser Coming Soon!

There are several forms of energy. These are :

KINETIC ENERGY - movement energy.

<u>GRAVITATIONAL ENERGY</u> - energy stored in objects at a height.

ELASTIC ENERGY - energy stored in stretched objects e.g. a spring.

 $\underline{\textit{CHEMICAL ENERGY}}$ - energy stored in chemicals e.g. fuels, batteries and food. It is released by chemical reactions.

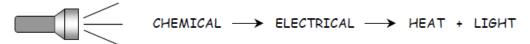
HEAT ENERGY

LIGHT ENERGY

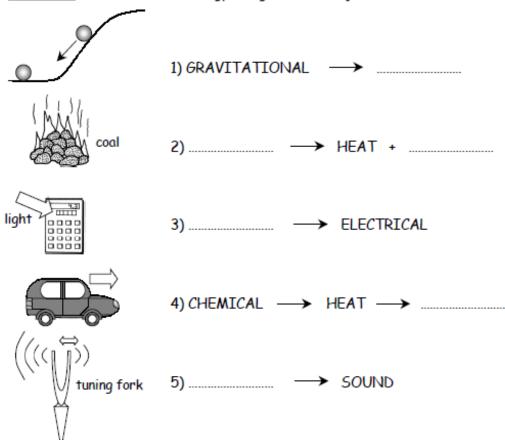
SOUND ENERGY

ELECTRICAL ENERGY

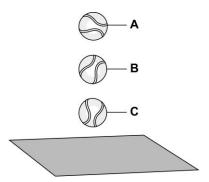
Energy is always <u>changing</u> from one form into another. The diagram below shows the energy changes in a torch.



Exercise - Write down the energy changes for the objects below.



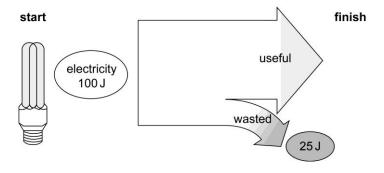
Q2 The diagram shows a tennis ball falling towards the floor. The ball is released from position **A**.



Complete the following sentences. Use words from the list. You do not need to use all the words from the list

kinetic thermal	potential	total	transfers	elastic	
The gravitationa	al	ener	gy is at a maxir	num at point A.	
As the ball falls	, energy		from this store	to a different st	ore
This different er	0.		movement of th	e ball.	
Conservation of constant.	f energy tells	us that the ₋	ε	energy stored sta	ays

Q3 The diagram shows a Sankey diagram for an energy-efficient electric light bulb.



- **a.** Describe how a Sankey diagram shows the principle of conservation of energy.
- **b.** Calculate the useful energy.

c. Describe the energy transfer that accounts for most of the wasted energy.

Energy REVISION Spider Diagrams





Scientists Log Book <u>ENERGY</u>

What we did in science this topic:	
Keywords I found difficult:	
What new ideas I have found out / What new ideas I have	
learnt:	
Question(s) I would still like to ask:	
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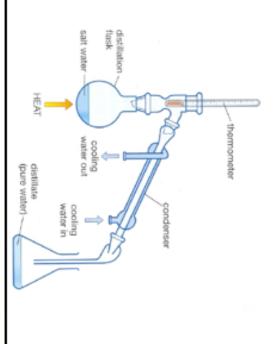
Science Year 7 Knowledge Organiser: C2 Separation Techniques

crystallisation, distillation and chromatography. Overview of topic: This unit explores mixtures and the way in which mixtures can be separated. You will carry out the following techniques: Filtration,

key content/ ideas/ concepts

Distillation

When it reaches the cold tube it condenses (turns back into a liquid) When the vapour travels towards a cold tube and cannot escape. The pure liquid (solvent) is collected at the last stage The solution is heated and the solvent boils and begins to evaporate.



Evaporation:

Heat the solution using a Bunsen burner

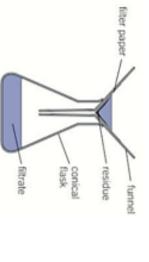
The liquid (solvent) will evaporate



Filtration:

Pour the mixture into the filter

the filter paper into the conical flask (the filtrate) Soluble materials will pass through the small holes of as it is too large to pass through the filter holes. Insoluble material will stay in the filter paper (residue)



Chromatography

bottom of the paper Draw a pencil line 2cm from the

Put one dot of each pen along the

solution solution

water gets near to the top and the pencil line is above the water. put the filter paper in the beaker to Put 1cm of water into a beaker and leave it to dry, Take the filter paper out when the

Paper Strip in Jar

Keywords/ Glossary

Pure -A material that is composed of

particle. composed of more than one type of Impure - A material that is only one type of particle.

solution. The solvent is heated and separating the parts of a liquid Distillation - A process for involving a liquid changing to a gas Evaporation - A change of state

to separate the components of the mixture through a mesh, in attempts Filtration - The act of pouring a the gas is collected and cooled.

compounds to separate mixtures of coloured Chromatography = A technique used Mixture - A material made up of at least two different pure substances.

a solvent Solute - a substance that dissolves in

Solvent- a liquid which is able to dissolve a solute

Solution- a mixture of solute dissolved in a solvent

solvent Soluble- The ability to dissolve in a

dissolve in a solvent Insoluble-A solid which is not able to

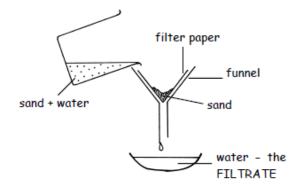
Wider reading: https://gizmodo.com/how-to-find-and-purify-drinki g-water-in-the-wildernes-158082135

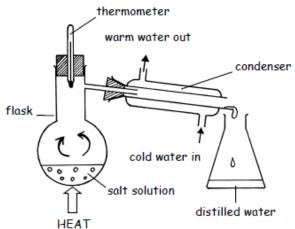
Science Year 7 Knowledge Organiser: C2 Separation Techniques

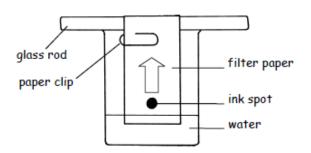
KNOW IT	GRASP IT	THINK IT
1. Identify the definition of pure.	1. Describe how a filter works.	 Compare the similarities and differences of evaporation and distillation
2. Identify the definition of impure	Describe the difference between filtrate and residue after filtration.	Explain why cold water is used inside the condensing tube
 Identify the definition of distillation. 	Describe the method for crystallisation.	Write a method for separating a mixture of two liquids with different boiling points
 Identify the definition of chromatography. 	4. Describe the role of the condensing tube.	4. Write a method for separating salt from water.
5. Identify the definition of evaporation.	5. Describe what is meant by the stationary phase during chromatography	Write a method for separating the water from salt water.
6. Identify the definition of filtration.	Describe how solubility affects the distance that the mixture travels up the stationary phase.	Write a method for separating the different colour in an ink.
Identify the definition of crystallisation.	7. Describe the difference between a mixture and a compound	Write a method for the separation of Sand and water.
8. Identify the definition of soluble.	 Explain why a pencil line is used during chromatography. 	8. What is the equation for working out the Rf value of a mixture?
9. Identify the definition of a solvent.	9.Explain why filtration cannot be used to separate salt from salt water	9. What is Rf value a measurement of?
Identify the solvent and the solute in a glass of salt water.	10. Describe which methods you would use and why, to separate a mixture of salt sand and water.	10. Research another form of chromatography and explain when it is used.
Total score	Total score	Total score

Separation Techniques REVISION Spider Diagrams









Filtration.

Distillation.

Chromatography.

In the diagram the colours in pen ink are being separated. As water rises up the it takes the colours with it. Different colours travel at different If the ink contains more than one colour they will separate out along the paper.

Exercise 2 - Join up each mixture below with the correct method for separating it.

muddy water distillation

copper sulphate solution filtration

peas and sand magnetic attraction

iron filings and sawdust sieving



Scientists Log Book SEPARATION TECHNIQUES

What we did in science this topic:	
Keywords I found difficult:	
What new ideas I have found out / What new ideas I have learnt:	
Question(s) I would still like to ask:	

Science Year 7 Knowledge Organiser: B2 Reproduction and Variation

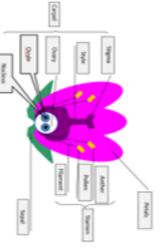
function of the Human and plant reproductive systems. Explain how and why organisms of the same and different species are varied Overview of topic: Describe reproduction in mammals (humans as an example) including fertilisation, gestation and birth. Describe and explain the structure and

Key content/ ideas/ concepts

Reproductive organs







The Menstrual Cycle:

During puberty a girl will start her periods, also known as menstruation. Around once a month, blood from the lining of the uterus leaves the body through the vagina. Each period lasts between 3-7 days. The female reproductive system works in a sequence called the menstrual cycle. This lasts around 28 days.

Developing in the Uterus Umbilical card Uharrus liming Cervix Amniatic fluid

The fertilised egg begins to divide until it forms a fluid filled space. The egg at this stage is know as an embryo and is able to implant into the lining of the uterus. At the site of implantation a placenta forms along with an umbilical cord, these together provide the growing Foetus with everything it needs to develop, such as oxygen and food. These products move across the placenta by diffusion.

Keywords/ Glossary

Adolescence- The period of time when a child changes into an adult. Puberty- The physical changes that take place during adolescence.

Testes- Organ where sperm and testosterone are produced. Urethra- Tube that carries urine or sperm out of the body

Sperm duct- Tube that carries sperm from the testes to the penis Ovary- Organ that contains eggs

Oviduct- Carries an egg from the ovary to the uterus and is where fertilisation occurs.

Cervix-The ring of muscle at the entrance to the uterus. It keeps the baby in place while the woman is pregnant.

Uterus- Where a baby develops in a pregnant woman.

Vagina- Where the penis enters the female's body and sperm is received Anther-The male part of a flower that produces pollen.

Petals- A brightly coloured part of the flower that attracts insects

Pollen- Contains the plant male sex cells found on stamens.

Stigma-The female part of the flower that is sticky to catch grains of

Style – The female part of the flower that holds up the stigma.





Gametes (Sex Cells)

Sperm has a long <u>tail</u> to help it swim towards the egg. It has an acrosome to help break into the egg. It has a <u>nucleus</u> with half the amount of <u>DNA</u>. The Egg has a <u>food</u> source allowing the embryo to develop. It has a <u>nucleus</u> with half the amount of <u>DNA</u>.



During the process of fertilisation the egg and the sperm come together and <u>fuse</u>. The genetic material of each cell <u>combines</u> to create a cell with a full set of chromosomes.



Wider reading:

http://www.bbc.co.uk/bitesize/ks3/science/organisms_behaviour_health/reproduction/revision/1/

Science Year 7 Knowledge Organiser: B2 Reproduction and Variation

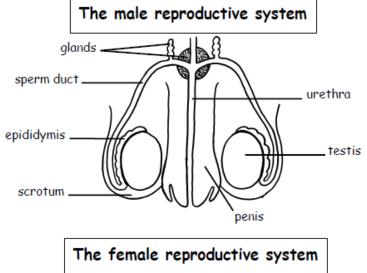
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Know it	Grasp it	Think it
1. Write a definition of adolescence.	1. Describe what fertilisation is.	 Name the male sex hormone and explain how It causes changes in a male during puberty.
Write a definition of puberty.	2. Describe what a zygote is.	Name the four hormones involved in female fertility.
3. Write a definition of a hormone.	3. Describe what implantation is.	State from which organ(s) these hormones are secreted.
 Describe 5 changes that occur to males during puberty. 	4. State the length of pregnancy in humans	4. Explain how these hormones interact to control the menstrual cycle.
5. Describe 5 changes that occur to females during puberty.	5. Describe how the developing baby obtains food and oxygen during pregnancy.	5. Following fertilisation explain how the cells divide during the development of the foetus.
6. Describe what gametes are.	6. Describe what the menstrual cycle is.	6. Describe what IVF is.
7. Describe how sperm cells are adapted for their function.	7. Describe the stages in the menstrual cycle.	7. Explain how IVF can be used to help people with fertility issues.
8. Describe how egg cells are adapted for their function.	8. Compare, using examples, hormonal and non-hormonal forms of contraception.	8. Explain how the contraceptive pill works to prevent pregnancy.
9. Describe the function of the testes.	9. Compare insect pollinated, and wind pollinated plants.	9. Evaluate the use of hormonal and non- hormonal methods of contraception.
10. Describe the function of the ovaries.	10. Describe four different forms of seed dispersal.	 Explain how the lifestyle of a pregnant lady can affect the health of the baby.
Total score	Total score	Total score

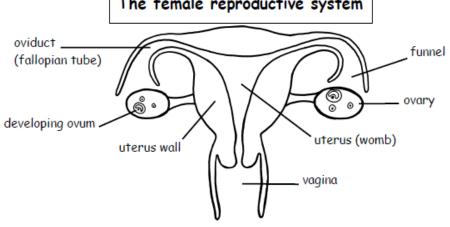




Reproduction REVISION Spider Diagrams





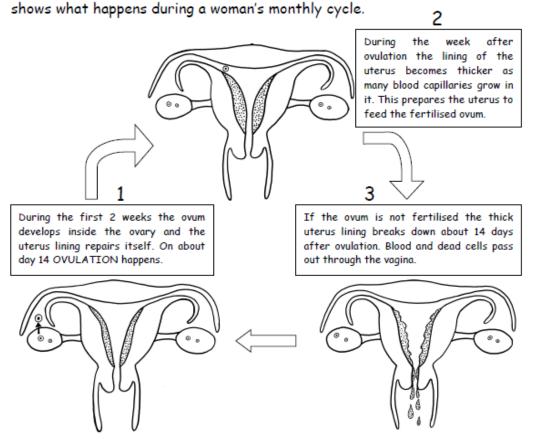


Exercise - fill in the missing words in the passage below.

In the man the testes make thecells. 7	The sperms are stored in a
coiled called the epididymis. The	becomes erect during
sexual intercourse. The sperms are carried thro	ugh a long tube called the
sperm to the top of the penis. Here glo	ands make fluids that help
the sperms to The urethra is a tube	that carries sperms and
out of the body.	
In the woman the ovaries make the	(egg cells). One ovum is
produced every The ovum is carried alo	ong the (fallopian
tubes) down to the uterus (womb). The placente	a grows in the uterus wall
during pregnancy. This gives the developing baby	and oxygen.

duct urine ova food sperm tube month swim oviducts penis

Q2. Once every month a woman's body releases an ovum (egg cell) into the oviduct (fallopian tubes). Usually the ovum is not fertilised and it dies. The woman has her period when the lining of the uterus breaks down and blood and dead cells pass out through the vagina. The diagram below

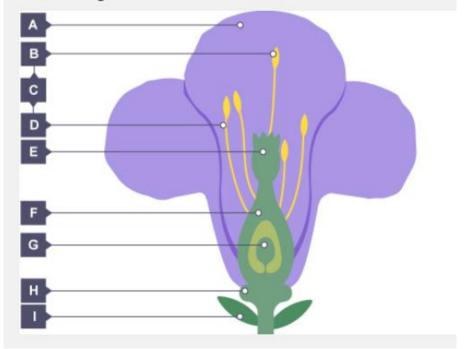


Exercise - Complete the sentences below.

- Only one ovum is released every _ _ _ _
- 2) The release of an ovum from the ovary is called ______
- 3) Ovulation happens after about ____ days.
- 4) The uterus lining _ _ _ _ the fertilised ovum.
- 5) If the ovum is not fertilised it will _ _ _
- 6) A woman has her period when the ____ lining breaks down.

Q3.

For questions 1 - 6 identify the named structures on the below diagram.



- 1 Which letter points to the sepals?
 - \circ 1
 - O A
 - ОН
- Which letter points to the petals?
 - \circ 1
 - \circ A
 - **B**
- 3 Which letter points to the stamen?
 - E
 - O B
 - O C

4	Which letter points to the anther?
	O E
	ОВ
	ОН
5	Which letter points to the stigma?
	○ G
	O F
	ОЕ
6	Which letter points to the ovary?
	O G
	O F
	ОН
7	Where is pollen produced?
	O Anther
	O Stigma
	O Ovary
8	Which part of the flower develops into the fruit?
	O Ovary wall
	Ovule
	O Stigma
9	Where does fertilisation occur?
	Ovary
	Ovule
	O Stigma
10	How do peas disperse their seeds?
	O Wind
	O Animals
	O Self-propelled



Scientists Log Book REPRODUCTION

What we did in science this topic:

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Keywords I found	i aitticuit:			
What new ideas I	have found o	ut / What n	ew ideas I h	ave
learnt:	,,,,,,,	ar, whiar i		
		<u> </u>		
learnt:				

$_{\Xi}$ Year 7 Science knowledge organiser: P3 Electricity and Magnetism

measured in the circuit. interactions between 2 magnets, the magnetic field which surrounds magnets and how this relates to the Earth. You will describe the current and how this can be Overview of topic: You will know the symbols, names and functions of the components and a circuit and how to draw them. You will also be able to state the

key content/ ideas/ concepts

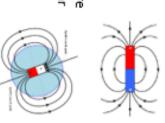
Circuit components Magnets Bulb ଳ component Name of Voltmeter Switch Resister Ammeter Wire Symbol T Switch (spen) \$ \otimes ₽ Magnetic material S Opposite poles = attract (pull towards electrons to flow (the current to flow)you will do this more in year 8. Measures how easy/ hard it is for the detail in year 8. components)- you will do this in more Measuring the voltage (energy give to charged particles) in the circuit. Also Measure the flow of electrons (small the electrician energy to light energy Gives out light energy. This converts Can allow the electrical energy to flow through to the next component Allows the electrical energy to flow than 1 cell = battery the form of chemical energy (more Provides stored energy to the circuit in Function known as the current. (closed) or break to circuit (open) Any poles + a magnetic material -Same poles = repel (push away) wine of 88

Drawing circuits rules

- Pencil and a ruler
- ✓ A rectangle shape
- ✓ 2D and using the circuit symbols All components connected

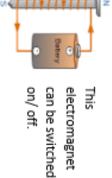
Magnetic fields and drawing them

A magnet's from N → S arrows pointing drawn using clear can act. These are which the force the around in magnetic field is field lines' with



The geographic South = magnetic north The geographic North = magnetic south

Electromagnets



Increasing the number of coils in the wire of increasing the voltage the strength of the electromagnet (energy) of the battery can increase

= attract

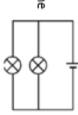
Current: The flow of electric charge

around a circuit.

circuit in which has 1 route to the current only Series circuit: A



routes to flow current has 2 circuit in which the Parallel circuit: A



electricity to pass through easily Conductor: A material that allows

conduct electricity well. Insulator: Materials that do not

wrapped around a magnetic core created by wrapping a coil of wire Electromagnet: Magnets that are

attracted to a magnet, will not repel Magnetic material: Will always be Iron, nickel and cobalt are the only magnetic elements

Wider reading

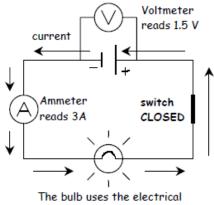
- The Martian', by Andy Weir
- documentary about Nikola Tesla 'American Experience: Tesla', Netflix

Know it	Grasp it	Think it
1. What is current a measure of and what are the units of current?	 State two differences between series and parallel circuits. 	 Describe an experiment to show how you can find out the shape of a magnetic field.
2. What meter do you use to measure current?	What happens to the current if you add more bulbs to a series circuit?	 Describe how you can use a nail, a piece of wire, crocodile clips, leads and a battery to make an electromagnet.
State the two poles of a magnet and describe which poles attract and which repel.	3. What happens to the current in other branches if you add another branch to a parallel circuit?	3. In a circuit with a single bulb, the current is 0.2A. Calculate the current if you add another bulb in series with the first bulb.
4. What do we call more than one cell used together in a circuit?	4. What happens to the total current if you add more branches to a parallel circuit?	 A bulb in a circuit has a current of 0.6A through it and a potential difference of 12V across it. Calculate the resistance of the bulb.
5. What happens in the wires when you close the switch in a circuit?	5. How is the potential difference split across each component in a series circuit?	Compare the resistance of conductors and insulators.
6. What is potential difference a measure of and what unit is potential difference measured in?	Describe the potential difference across each component in a series circuit.	Explain why the needle of a compass always points in the same direction wherever you point it.
7. What meter do you use to measure potential difference?	Describe the potential difference across each component in a parallel circuit.	 Compare the readings on ammeters and voltmeters when you connect them in series and parallel circuits.
8. What type of material can you use for the core of an electromagnet?	8. State the equation for calculating current, including units.	8. State the parts of an electric motor and describe how a motor works.
9. How are components joined together in a series circuit?	9. Define a conductor and an insulator.	 Only one of Mr Jones' headlights is working on his car. Are the series connected in series or parallel? Explain your answer.
10. How are components joined together in a parallel circuit?	 State 3 things that affect the strength of an electromagnet. 	10. A cell connected to two bulbs in a series circuit will last longer than if it is connected to the same two bulbs in a parallel circuit. Explain why.
Total score	Total score	Total score

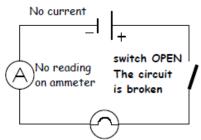
Scientists Log Book

Electricity and Magnetism REVISION Spider Diagrams



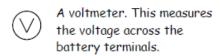


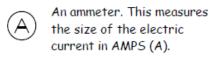
energy and lights up.

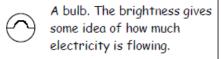


The bulb does not light up

Symbols A cell (battery). A switch. This connects two leads.



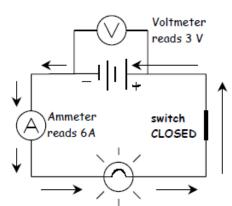




The effect of increasing the voltage.

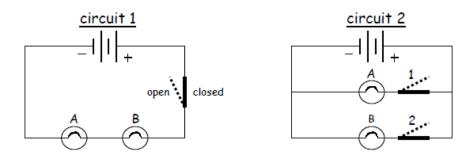
The diagram opposite shows what happens if two batteries are put into the circuit. Carefully compare it to the first diagram at the top of this page and then try to complete the missing words in the passage below.

A battery pushes out the C _ _ _ _ _ voltage across both batteries can be measured using a V _ _ _ _ With two batteries there is T _ _ _ as much voltage. This produces twice the current and so the bulb is much B $_\ _\ _\ _\$ The negative end of one battery must be connected to the P _ _ _ _ _ end of the other battery. If they are connected the wrong way round the current will not F _ _ _



The bulb is much brighter.

Exercise 2 - Study the two circuit diagrams below and then try to complete the sentences.



- 1) If the switch is opened in circuit 1 both bulbs would _____
- 2) If bulb A is removed from circuit 1 bulb B would get _____
- 3) If switch 1 is opened in circuit 2 only bulb _____ would light up.

Q3.

- 1 Which of the following are magnetic poles?
 - North and south
 - East and west
 - O Red and blue
- Which of the following is not a magnetic material?
 - O Steel
 - Cobalt
 - Aluminium
- What do two poles of the same type do when they are brought close together?
 - O They attract
 - O They repel
 - Nothing

4		nt do two unlike poles do when they are brought close ether?
	0	They attract
	0	They repel
	0	Nothing
5		arrow on magnetic field lines shows them flowing in ch direction?
	0	From south to north
	0	From north to south
	0	From left to right
6		ere are the field lines most concentrated around a bar gnet?
	0	At both poles
	0	In the middle
	0	At the north pole only
7	Ho	w can we increase the strength of an electromagnet?
	0	Add an iron core
	0	Reduce the number of turns on the coil
	0	Reduce the current in the coil
8		at is one difference between electromagnets and bar gnets?
	0	Bar magnets can be turned off but electromagnets cannot
	0	Bar magnets have a magnetic field but electromagnets do not
	0	Electromagnets need electricity but bar magnets do not
9	Wh	at can we use to find the shape of a magnetic field?
	0	An electromagnet
	0	A coil of wire
	0	A compass

10	Which of these doesn't usually use an electromagnet?
	O A compass
	O A school bell
	O A speaker



Scientists Log Book

ELECTRICITY AND MAGNETISM

What we did in science this topic:	
Keywords I found difficult:	
What new ideas I have found out / What new ideas I have learnt:	
Question(s) I would still like to ask:	
	47

Year 7 Science Knowledge Organiser: C3 Chemical reactions 1

substances and present these reactions using word and symbol equations. Unit overview: This unit explores the periodic table, chemical formula and chemical reactions. You will use you knowledge to predict reactions between particular

Key content/ ideas/ concepts

Atoms:

Everything is made from atoms, including you. Atoms are tiny particles that are far too small to see, even with a microscope. To make diagrams simpler we often draw atoms as circles



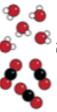
Elements:

There are over a hundred different elements. The periodic table lists the element. The atoms in a particular element are the same as each other, and they are different from the atoms of all other elements. For example, lead and gold are elements. A piece of pure gold contains only gold atoms. A piece of pure lead contains only lead atoms.



Compounds:

A compound is a substance that contains atoms of two or more different elements, and these atoms are chemically joined together. For example, water is a compound of hydrogen and oxygen. Each of its molecules contains two hydrogen atoms and one oxygen atom.



Chemical and physical changes

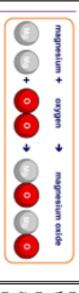
Changes of state are physical changes not chemical changes.

The change can be reversed in a physical change so the material recovers its original properties. This does not happen with a chemical change. In a chemical reaction atoms rearrange to make new substances.

Word equations:

REACTANTS → PRODUCTS

Eg magnesium +oxygen → magnesium oxide



Symbol equation:

 $2Mg+0_2 \rightarrow 2MgO$

Conservation of mass:

The number of atoms in the reactants must equal the number of atoms in the products.

Count the atoms in the equation above. What do you notice?

This is why we write balanced symbol equations to represent chemical reactions.

(eywords/ Glossary

Atom- The smallest part of an element that can exist.

Compound- A Substance made of two or more elements, strongly joined together.

Conservation of mass- In a chemical reaction, the total mass of reactants is equal to the total mass of products. This is conservation of mass. Mass Is conserved in chemical reactions and physical changes.

Element- A substance that cannot be broken down into other substances.

Mass- The amount of matter (stuff) a thing is made out of.

Particle- The tiny things that materials are made of.
Product- A substance that is made in a chemical reaction.

Reactant- A starting substance in a chemical reaction.

Word equation- A way of representing a chemical reaction simply. The reactants are on the left of an arrow and the products on the right. The arrow means 'react to make'.

Symbol equation- A way of representing c chemical reaction using the chemical symbols from the periodic table.

Reversible reaction- A reaction in which the products can re-form the reactants.

Chemical Symbol- The worldwide symbol used to identify an element. These are found on the periodic table.

Wider reading

http://www.bbc.co.uk/schools/gcsebitesize/geograp hy/energy_resources/energy_rev1.shtml

Year 7 Science Knowledge Organiser: C3 Chemical reactions 1

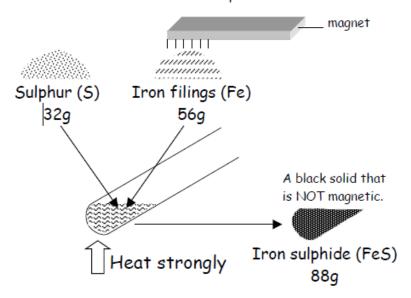
KNOW IT	GRASP IT	THINK IT
1.Write a definition of an atom.	 Describe the various ways to identify that a chemical reaction has taken place. 	 Explain why endothermic reactions take in energy and reduce the temperature of the surroundings.
2. Write a definition of an element.	Explain why scientists use chemical symbols for elements.	 Explain why exothermic reactions give out energy and increase the temperature of the surroundings.
3. Write a definition of compound.	 Describe the temperature change during an exothermic reaction. 	3. Explain the trends of the group 1 metals
4. Give four examples of physical changes.	4. Describe the temperature change during an endothermic reaction.	4.Explain the trends of the group 7 elements
5. Give four examples of chemical changes.	Write a word equation for the reaction between iron and oxygen.	5.Explain the difference between chemical and physical reactions
Identify what is meant by the term physical change	Describe the law of conservation of mass.	Explain the difference between reversible and irreversible reactions.
Identify what is meant by the term chemical change	7. Describe what happens to bonds during chemical reactions.	7. Explain the term activation energy.
8. Describe what a word equation is.	 Write a symbol equation for a combustion reaction with methane. 	 Explain why Dimitri Mendeleev left gaps in his periodic table.
Describe what happens to atoms in a chemical reaction.	Write a symbol equation for a reaction between hydrogen and oxygen.	9. Write a guide on how to balance equations.
 Describe where you can find the chemical symbol of an element. 	 Describe the changes you would see during the oxidation of iron. 	 Explain the differences between iron oxide and aluminium oxide.
Total score	Total score	Total score

Scientists Log Book

Chemical Reactions REVISION Spider Diagrams



All of the different materials around us have been formed by chemical reactions from about one hundred simple elements. The diagram below shows a chemical reaction between the elements iron and sulphur.



This reaction can be shown as a word equation:

The new substance formed is a compound called iron sulphide. It has different properties to the iron and sulphur that it is made from.

Exercise 1 - fill in the missing words in the sentences below.

- The mass of the reactants (starting chemicals) is E _ _ _ _ to the mass of the products (the chemicals that are made).
- 2. The products have different P _____ to the reactants.
- 3. During a chemical reaction $H _ _ _$ is either taken in or given out.
- 4. A chemical change is difficult to R _ _ _ _ (go backwards).

Exercise 2 - Join up each word in the left hand column with its meaning on the right.

ELEMENTS The chemicals that are made.

PRODUCTS The simplest substances.

COMPOUND Starting chemicals.

REACTANTS Elements joined together.

There are several different types of chemical reaction.

Synthesis

Two or more substances join together to make a single new substance. For example when iron and sulphur are heated together:

Decomposition

A substance breaks down into simpler substances. For example, if calcium carbonate (limestone) is heated to a very high temperature :

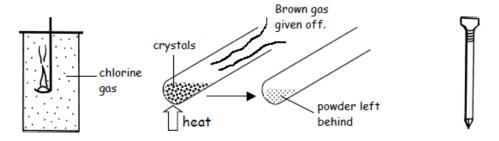
Oxidation

A substance gains oxygen during a chemical reaction. The substance that gains the oxygen is OXIDISED. For example, if copper is heated in air :

Exercise 1 - Complete the sentences below.

- 1) Synthesis means when substances _ _ _ _ together.
- 2) Decomposition means when a substance ____ down.
- 3) Oxidation is when a substance gains _ _ _ _ in a chemical reaction.

Exercise 2 - For each diagram below write down the type of chemical reaction it shows.



- Burning sodium metal in chlorine gas to form sodium chloride (salt).
 This type of reaction is:
- 2) Heating white lead nitrate crystals to produce a yellow powder and a brown gas. This type of reaction is:
- If an iron nail is exposed to air it forms orange iron oxide (rust).
 This type of reaction is:



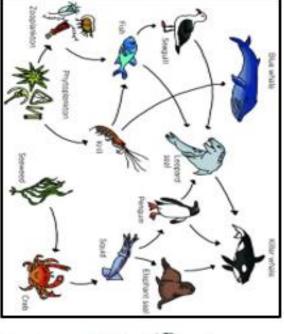
Scientists Log Book CHEMICAL REACTIONS

What we did in science this topic:	
Keywords I found difficult:	
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What new ideas I have found out / What new ideas I have learnt:	
Question(s) I would still like to ask:	
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Science Year 7 Knowledge Organiser – B3 Interdependence

bioaccumulation on an organism. Describe and explain why insects are so important to food security. Explain the importance of plant reproduction through Overview of topic: Describe the relationships within a food web. Explain the impact of a new consumer to the food web. Describe the impact of insect pollination in human food security.

Key content/ ideas/ concepts



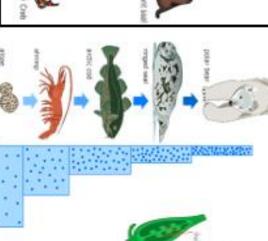


Fig 1 a Food marine web

Fig. 1b. Bioaccumulation in an arctic chain

Fig 2a. Reproductive parts of flower

food shortages. If pollinators died we would see

Reasons pollinators may die:

o Climate change

E 8 8

o Habitat loss - replaced with monocultures

o Disease

o Pesticides

SE & B &

Section 7: Insects and human food supplies

insects are vital for pollination of plants. As a result plants are adapted to attract them

ectar	Sweet taste to attract insects
cent/perfume	Pleasant smell to attract insects
right colours	Bright colour and patterns can attract insects (some plants mimic insects to attract them like a mate would)
loderate amount of pollen	Prevents wastage of pollen
ollen is sticky or spikey	Sticks to insects to be transferred between plants
nthers and stigma inside the flower	nthers and stigma inside the flower Pollinators/Insects can contact them
iema is sticky	Poten attaches easily

Keywords/ Glossary

surroundings changed to survive in their Adaptation – How an organism has

chemicals in an organism

Bio accumulate- build- up of

Carnivore – A meat eater

compounds into elements Decomposer – breaks down large

and plants are eaten energy transferred when animals Food chain - a diagram to show the

organism lives Habitat – This is the place where an

plants only Herbivore – An animal that eats

both plants and animals Omnivore – An animal that eats

other animals for food Predator – An animal that hunts

Prey – An animal that is hunted

Producer – A plant that makes its own food.

Trophic level - feeding level

Science Year 7 Knowledge Organiser – B3 Interdependence

Total score	Total score	Total score
10. Why would intercropping support organic farming and increase biodiversity?	10. What is biodiversity?	10. State 3 things that animals compete for.
Why do monocultures lead to a reduction in biodiversity	9. what is a fertiliser?	9. State the word equation for photosynthesis.
8. What is a monoculture?	8. What is a pesticide?	State the term to describe an animal that is hunted.
7. Why does the government pay farmers to leave fields alone?	7. Explain the effect on the other organisms if a new predator is introduced in the food web (Figure 1, overleaf)	7. State the term to describe an animal that hunts.
6. Why do growers keep bee hives near to their orchards?	6. Draw a food chain with 4 organisms in.	6. State the term to describe an animal that eats both animals and plants.
5. If a fertiliser is released into a lake why do the fish die?	5. Draw a food chain with 3 organisms in.	State the term to describe an animal that only eats animals.
4. Describe the benefit of using a biological pest control?	4. State the term that describes an animal that looks for animals that have already died to eat.	4. State the term to describe an animal that only eats plants.
3. Give an example of is the benefit of biological pest control?	3. Define an abiotic factor.	3. Give an example of a secondary consumer.
Describe alternative ways of securing high yields	2. Define a biotic factor.	2. State what eats the plant in a food chain.
 Explain how a new disease in one animal could affect the population of other species in the eco system. 	 State 3 things that plants compete for. 	 State the name of the first living organism in a food chain.
THINK IT	GRASP IT	KNOW IT

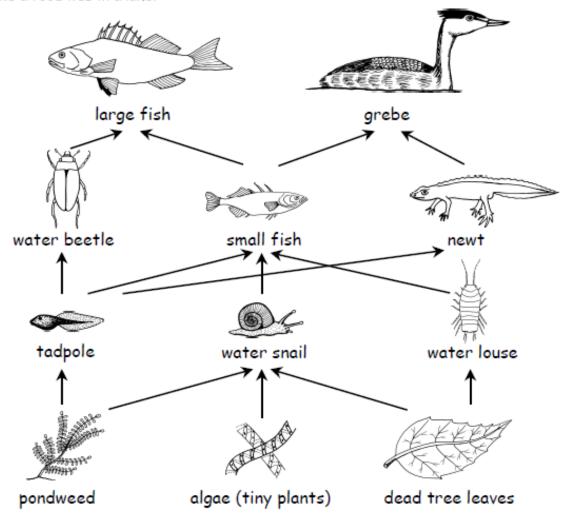
Scientists Log Book

Interdependence REVISION Spider Diagrams

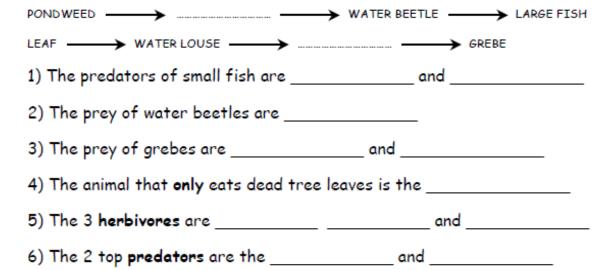
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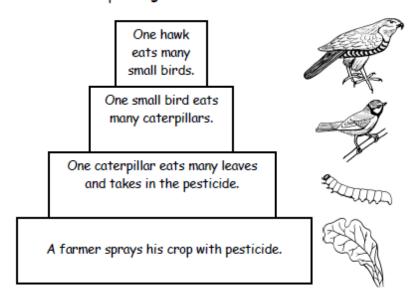
Food chains can be connected together to make FOOD WEBS. The diagram below shows a food web in a lake.



Exercise - Complete the food chains and sentences below.



Farmers often spray their crops with PESTICIDES to kill pests such as insects and weeds. Pesticides may stay in the environment (surroundings) a long time and poison animals higher up the food chains. Pesticides can also be washed into streams and ponds. The diagram below shows how pesticides can build up along food chains.



If the pesticide is passed on from the caterpillars into small birds and then into the hawk we can see how it would quickly build up in the hawk's body. Scientists are now trying to make pesticides that only affect the pest and break down a short time after they have been used. They are also trying to find other ways of controlling pests by using their natural enemies. This is called BIOLOGICAL CONTROL.

Exercise - Complete the sentences below.				
1)	P are poisons that kill pests.			
2)	Pesticides can get into food $C_{____}$ and poison other animals.			
3)	Small B eat many insects which may have pesticides in them.			
4)	Hawks may be P by eating birds that contain pesticides.			
5)	Pesticides can also be washed into S and P			
	B control means using a pest's natural enemy to destroy it.			

Exercise - Complete	the missing	words in t	the passage l	below.

A is a no	umber of organisms of	the same species living in one
place. There are a nur	mber of factors that a	control how big a population of
animals can	Competition for	and space is important.
As the population gro	ows there will be	competition and so
more animals will	Predators are	also important in controlling
the numbers of	animals. If the n	number of predators increases
more prey will be	If the number	of predators decreases more
prey will	In the same way, t	he of a predator's
population is controll	ed by the numbers of	f its prey. If there are more
prey there will be mo	ore predators. A popu	ılation stays steady when the
number of births equa	als the number of	



Scientists Log Book INTERDEPENDENCE

What we did in science this topic:	
Keywords I found difficult:	
•	
What new ideas I have found out / What new ideas I have	
learnt:	
Question(s) I would still like to ask:	
	<u>I</u>

Revision Advice

Good grades require efficient revision, hard work and dedication but it's worth it in the end because you really feel great when you get them!

OK OK I expect you already know that – so let's get down to it. It's all down to the four R's; Review, Revise, Repeat and Remember. If you work in that order you will be fine – honest!



Before you do anything find out your concentration span (How long your brain will work hard for without a break). Go somewhere quiet with a lovely science textbook and before you start to read make a note of the time. Read a new subject and really try to understand it as you go along. When you catch yourself thinking about something else, like what's on TV tonight or something equally exciting like a fantastic science lesson earlier in the day, make a note of the time again. You will probably find you have concentrated for between 20 and 40 minutes. Most people can only concentrate for short periods of time – don't worry if yours is shorter than this; it will also depend on how tired you are. When you start revising DO NOT work for periods longer than your concentration span – you will just be wasting time! Work up to your concentration span but no longer and then take a 5-minute break – only 5-minutes! Then sit down for another session.

Review – what does that mean? It's simple really, read through the topics you are going to be tested on so that your brain starts to work on the whole topic. You'd be amazed what your brain can do without you having to think about it! It will start to put things in order, organise related ideas and bring to your attention the things you aren't too sure about. It's a good time to start writing out keywords and definitions – but don't start to do that until you have read through ALL the topics you are going to be tested on.

Revise and **Repeat** – what does that mean?

- After reading through your notes (exercise and log books) write out the definitions of keywords until you can do it without looking at the book.
- Condense the work in your books to make them shorter, do it again and again until you are left with the key points, words or phrases (you could write them on small cards). You should be able to get a WHOLE TOPIC onto one sheet of A4 paper!

Remember – easy for you to say, how? Easy, peasy lemon squeezy.

• **Use mnemonics** (pronounced 'nem onics') just a fancy word for rhymes and phrases that students use to remember things. For example; the colours of the rainbow Richard Of York Gave Battle In Vain where the letter at the start of each word represents the first letter of a colour – Red, Orange, Yellow, Green, Blue, Indigo and Violet. Another example might be this – I Can Now when you can't remember the three elements that are magnetic, they are of course Iron, Cobalt and Nickel. (No rude ones please!). Oh and before I forget how about stalagmites and stalactites? (those things that grow up from the floor or hang from the roof of caves) Remember: stalactites hold 'tight' to the roof. OK, got the idea so far? Good, let's move on then.

- **Spider diagrams** Put a main topic heading in the centre of an A4 sheet of paper and draw lines to other related headings, and then draw more lines off these to other related sub-headings and so on (looks like a web?). Do this the first time before reading your books that way it will give you an idea of the areas you need to concentrate on because you can compare your spider diagram to your notes in the books.
- **Work with friends in groups** great for sharing ideas and a pizza! Test each other and brainstorm decide on a topic and then everybody says what they can remember about the topic (don't forget that someone in the group should write it down decide who before the brainstorming starts because it can get hectic).
- Last but not least keep writing out those keywords and definitions, read aloud, condense your notes and remember to take breaks and take some time out for FUN!

Top Tips during and after Revision

DO ASK A TEACHER IF YOU HAVE ANY DOUBTS – Never, ever, leave something you don't understand – It won't sort itself out SEE A TEACHER WELL BEFORE THE TEST FOR AN EXCITING LIFE CHANGING EXPLANATION!!!

DO READ THE TEST PAPER ALL THE WAY THROUGH BEFORE YOU START – Remember how amazing your brain really is! It will get to work on some of those tricky questions before you have even started to answer questions on the test paper and you won't know it's started without you! That way you will reduce the chances of getting to a question you just can't answer – see below.

DON'T HAVE LATE NIGHTS - Your brain will go fuzzy and easy problems become hard ones.

DON'T SIT AND STARE AT THE PAPER IF YOU CAN'T ANSWER THE **QUESTION** - You'd be amazed how easy it is to get in a flap and become an exam zombie. Your mind starts whirling and the harder you try the worse it gets, you think you're the only one struggling, everyone else is writing and you keep telling yourself you cant do it and before you know it you're still on question 3, the times up, 40 minutes has gone by and most people really have written more than you now because they got to question 24 - OK they missed out a couple on the way but hey whose counting? We are! When we mark the test we can only mark those questions that you have attempted. Remember - Don't sit and stare at a question for more than a minute, MOVE ON QUICKLY and if you have time at the end GO BACK (you should always go back and check your answers if you have time anyway). Think about the marks you will gain from moving on - not the one or two you have lost from not answering a couple of questions remember that amazing brain of yours! When you feel the panic start to rise take a deep breath or two and make yourself slow down it will come to you if you don't allow yourself to panic (and if doesn't you haven't wasted any time on it).

GOOD LUCK!

Skills Sheet

Every time you complete one of the skills tick and date the box. Let your teacher know and they can sign to prove that you can do that scientific skill.

Skill:	I did this on:	Signed by
(6 9 7) 77		teacher:
I can light a Bunsen burner safely.	7	00 50
I can measure a liquid accurately using a measuring cylinder.	8	
I can make a slide.		
I can plot a line graph accurately.		
I can set up my apparatus		
properly without help.		
I can take accurate		
measurements off digital		
meters.		
I can use a datalogger		
correctly to record data.		